**Ballet Level 3 Skills**

**Barre**

Demi plié in 1st and 2nd

Tendu in 1st front parallel

Relevé in 1st

Prep for Retiré - point side lift foot to retire, calf height close 1st

**Center**

Ports de Bras 1st and 3rd

Butterfly arms

Arabesque, step side arabesque a terre (pointing on the ground)

Boureé steps in circle

Two Step side with parallel jump

Parallel Balancé 3 Step

Glisé side in Parallel and 1st, demi plié

Curtsy

Spring Points front parallel

Sauté in Parallel and 1st holding plie at end

Echappé Sauté

**Travelling**

Skipping forward backward and in a circle

Parallel Step lift knee parallel

Petit Jeté Parallel

Ballet Runs Parallel ending in curtsy

**Character Dances**

**Reverence** (step curtsy)