CenterStage Al Gilbert Grade 3 Syllabus:

**Follow Al Gilbert Grade 3 Curriculum and transition to Grade 4.**

PROGRESS CHART

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| Student: |  |  |  |  |  |  |  |  |  |
| Shuffles |  |  |  |  |  |  |  |  |  |
| Shuffle Hop |  |  |  |  |  |  |  |  |  |
| Shuffle Hop Toe |  |  |  |  |  |  |  |  |  |
| Shuffle BC |  |  |  |  |  |  |  |  |  |
| Maxi Ford |  |  |  |  |  |  |  |  |  |
| Flap |  |  |  |  |  |  |  |  |  |
| Walking Flaps |  |  |  |  |  |  |  |  |  |
| Running Flaps |  |  |  |  |  |  |  |  |  |
| Flap Heel Walking |  |  |  |  |  |  |  |  |  |
| Flap Back Heel Drop |  |  |  |  |  |  |  |  |  |
| Flap Double Heel Front/Back |  |  |  |  |  |  |  |  |  |
| Flap Double Heel Back/Front |  |  |  |  |  |  |  |  |  |
| Walking Flap Double Heel |  |  |  |  |  |  |  |  |  |
| Buffalo Combo |  |  |  |  |  |  |  |  |  |
| Irish Combo |  |  |  |  |  |  |  |  |  |
| Back and Front Irish |  |  |  |  |  |  |  |  |  |

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| Cramp Roll |  |  |  |  |  |  |  |  |  |
| Military Cramp Roll |  |  |  |  |  |  |  |  |  |
| Hop Shuffle Hop |  |  |  |  |  |  |  |  |  |
| BC in all directions |  |  |  |  |  |  |  |  |  |
| Brush Hop |  |  |  |  |  |  |  |  |  |
| Simple Paddle Turns |  |  |  |  |  |  |  |  |  |
| Chaines Turns |  |  |  |  |  |  |  |  |  |
| Chaines turns w/flap |  |  |  |  |  |  |  |  |  |

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| Flap Chaines Double Heel |  |  |  |  |  |  |  |  |  | | |
| Suzie Q Combo |  |  |  |  |  |  |  |  |  | | |
| Going No Place |  |  |  |  |  |  |  |  |  | | |
| Brush Hop Step |  |  |  |  |  |  |  |  |  | | |
| Lindy Combo |  |  |  |  |  |  |  |  |  | | |
| Shim Sham |  |  |  |  |  |  |  |  |  | | |
| Pique Turn |  |  |  |  |  |  |  |  |  | | |
| Hop Shuffle Step Combo |  |  |  |  |  |  |  |  |  | | |
| Trenches |  |  |  |  |  |  |  |  |  | |
| Stomp Buck Time Step |  |  |  |  |  |  |  |  |  |
| Single Buck Time Step |  |  |  |  |  |  |  |  |  |
| Double Buck Time Step |  |  |  |  |  |  |  |  |  |
| Triple Buck Time Step |  |  |  |  |  |  |  |  |  |
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