

Intermediate Clog Syllabus

General Goals: to expand their technical training, increase their performance quality, knowledge of terminology, spacial awareness, and staying focused in class.

Skills Introduced: (all skills must be mastered before moving to an Advanced Clog class)

- Crazy Legs
- Drag Basics
- Boogie Basics
- Touch Chugs
- Fancy Kick
- Heel Work Steps
- Heel Spin
- Heel Turn
- High Knees & Lift Behind Steps
- Triple Lick
- Double Lick
- Mountain Basic
- Skuff Up Runs
- Skuff Singles, Doubles, Triples
- High Knees with Turn Steps
- Karate Turn
- Soccer Turn
- Lateral Cross Over Steps
- Vine with Loops
- Triple Loop
- Single Loop
- Flange Basic
- Slur Basic
- Slur Turn
- Slur Lift & Triple Slur Lift
- Kentucky Drag
- Kentucky Loop
- Samantha
- Rock Step & Touch Lift Steps
- Pigeon or Pothole
- Triple Pigeon
- Gallop
- Charleston
- Transition & Turn Steps
- Pivot Turn or Basketball Turn
- Jazz Square
- Jumping Jack Turn
- Toe Heels
- Syncopated Stomps
- Simone Stomp
- Travel Forward Steps
- T Step
- Single Buck
- Single Buck with Knock
- Sway Basics
- Shuffle Chugs
- Bounce Steps
- Double Up Bounce
- Hit Hop Bounce
- Pinwheel Bounce
- Hippity Hop
- Heel Work Steps
- Catawba
- Black Mountain
- Black Mountain Jump
- MacNamara
- MacNamara Strut
- Eric
- Heel Click Basic
- Walk the Dog & Snip Its Ears
- High Knees & Lift Behind Steps
- Hoedowner or Parrott's Step
- Flea Flickers
- Hard Step
- Cow Tail
- Kick Lift Claps
- Only Wanna
- High Horse
- Blitz Kick
- High Knees with Turn Steps
- Karate Rock
- Ghostbuster Turn
- Scotty
- Scotty Spin
- Lateral Cross Over Steps
- Ankle Breaker
- Slur Rooster
- Rock Slur
- MJ
- Rooster Run
- Kentucky Drag Rooster
- Dragger
- Whiplash
- Tell Mama
- Joey
- Mountain Goat
- Shave and a Hair Cut
- Ida Red
- Rock Step or Touch Lift Steps
- Simone Hard Step
- Transition & Turn Steps
- Pivot Switch
- Cha Cha
- Touch Steps
- Time Step
- Scoot

Classroom Etiquette to Introduce and Reinforce: (all skills must be mastered before moving to an Advanced Clog Class)

- Entering Class Ready to Dance
- Going straight to warm up (not playing on equipment)
- Clog shoes on, hair pulled back, no gum
- Using the bathroom before class only
- Raising their hands before sharing with the teacher or the class
- Trying all new moves introduced in class

Structure of Class:

The first 10-15 minutes of each class is dedicated to warming up the student with clog routines that the student learns through the year. The next 15-30 minute section focuses on technique and mastering skills and formations in new routines. Clogging is a social dance. During the last 10 minutes a combination is taught, or recital choreography begins. It is important for our students to build the skills of learning and retaining choreography, as performance is the culmination of their technical training. The last 4-6 weeks before a performance, instructors may choose to shorten the technique portion, or omit it, in order to prepare and polish the routine.

Emphasis on Memorization:

Students will work each week on not only execution of skills and steps but memorization of many routines and dances.

Emphasis on Performance:

Students are expected to rehearse class routines outside of class. CenterStage offers many tools to do this, including uploading music and practice videos to our YouTube channel. During class, teachers may choose to have students perform their routine in groups or individually, to assess what the student knows and what they need to work on. A student's knowledge and execution of their routine will also affect their positioning in the dance (i.e.: students unsure of their routine may be placed in the second or third row). This is for their own comfort ability so that they can watch other students who are more confident in remembering their moves. Ultimately though, it is our goal that each student memorize their routine.

Reinforcement:

We emphasize positive reinforcement in class, using high fives, clapping/cheering, giving a hug/pat on the back, and offering praise to encourage good behavior and dance technique. If a student displays good behavior or work, we will often use them as an example for the class. the parent after class.

Future Placement:

Students will move to an Advanced Clog class when the instructor assesses that they have mastered all the curriculum and are responsible in knowing their dance routines.